



The Christian Education Resource Center & Women's Studies

Bibiodrama V (Biblical Drama) In touch with the Bible

Dear Friends and Partners in Ministry,

It is wonderful to share with you about the so many different programs that CERC organizes at NEST during the year. Our goal is to reach out to as many lay leaders as possible so they can learn more and serve better in their ministries.

One of our small group programs is Bibiodrama, which is concerned with the spiritual journey of the participants.

Thus on May 23, 2015, Rev. Agnete G. Holm of DanMission led a session in Bibiodrama. We had five participants who eagerly were waiting for this session.



After the session we had a fellowship meal where we continued sharing our insights



A brief explanation of Bibliodrama:

Bibliodrama is not drama or theater – but it is spiritual counseling in a group with the help of biblical texts. There is a Bibliodrama leader who guides and leads the group through the text and through the issues that appear. Bibliodrama was invented in a Cappuccine monastery in Germany and is inspired by the Ignacian spirituality.



We all know that we learn very much through experiences. But in our churches we are used to sitting down and listening. How can we experience the biblical stories without performing drama or theater? Bibliodrama gives the biblical story a physical place in the room.

The biblical story can be appealing and inspiring, but it does not impose anything on the participants. There is room for the individual to find a place in the biblical story which is relevant and rewarding in life and faith. No matter what, the participants will feel a relation to the biblical passage and there will be room to feel if there is a life-giving calling from the biblical story. The dialogue within the outline is a contemplative listening to the other participants. We listen without commenting and we listen in a way that allows us to focus our attention on what processes are happening in us while we are listening. In the workshop we learn how to make space for this kind of dialogue.

The participants meet again after their experiences in the outline, then the session is rounded off with a sharing of faith and experience. This helps participants to relate to the experience in a way that is relevant for their life and faith. This is an existential dialogue, where the instructor is present as a spiritual counselor and the participants become companions in each other's lives. In the workshop participants also learned to connect their feelings and experiences gained from this spiritual journey to their everyday life.

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